

# University of Pretoria Yearbook 2019

## Human movement studies and sport management 222 (JMB 222)

**Qualification** Undergraduate

**Faculty** [Faculty of Education](#)

**Module credits** 10.00

**Programmes** [BEd Intermediate Phase Teaching](#)

[BEd Senior Phase and Further Education and Training Teaching](#)

**Prerequisites** JMB 112 and JMB 122

**Contact time** 2 lectures per week

**Language of tuition** Afrikaans and English are used in one class

**Department** Humanities Education

**Period of presentation** Semester 2

### Module content

Sport injuries and posture deviations - demarcation and terminology. General principles for prevention and treatment of sport injuries. Posture development and the influence of proper habits in the development of a good posture. Identification and pathology of specific deviations. A theoretical and practical perspective on control as the final phase of the management process in sport to ensure the success of the management process is emphasised.

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